



Miranda Wong, Community Psychiatric Nurse

Miranda Wong obtained her Bachelor of Science in Nursing (Hons) degree from the Hong Kong Polytechnic University. She is a Case Manager at the Older Adult Mental Health and Substance Use Services - Vancouver. Apart from being a Geriatric Outreach Nurse, she is also a co-consultant for Dementia Behavioral Support to Louis Brier Home & Hospital and co-facilitator for the Cantonese Cognitive Behavioral Therapy Group (Changeways) for Seniors in the service.

With much clinical, administrative and educational experience in hospital and community settings in Hong Kong and Canada, Miranda has been devoted to educating the public and health professionals not only locally but also in China and Cambodia. One of her top priorities is to destigmatize mental illnesses. Her hobbies include cooking and travelling with her husband.

Session: *Community resources – Who can help?*

- Objectives:**
1. Understand roles of community mental health teams/nurses
 2. Learn how to access/navigate community mental health resources
 3. Identify existing programs available for patients and/or caregivers living in the community
 4. Understand what “Advanced Care Planning” is
 5. Learn when to consider long-term care options for patients

Date: Day 2 - Sunday, December 12, 2021