



**Wendy Lam, Master of Occupational Therapy (MOT); BSc
Clinical Instructor Occupational Therapist**

Wendy Lam is a registered Occupational Therapist who has experience in stroke rehabilitation and neurological recovery. She graduated with a Masters Degree of Occupational Therapy (MOT) at University of British Columbia in 2007, and has an undergraduate degree in Biological Sciences (BSc). She has been practicing in a hospital setting in stroke rehabilitation for 14 years and was a Rehab Educator at Providence Healthcare. More recently she has taken on the role of Clinic Coordinator for outpatient rehabilitation Queen's Park Fraser Health Authority. She also practiced in private OT services working with WCB and ICBC clients in the community previously for 5 years at AROT rehab.

Wendy fully believes in ensuring clients are treated holistically in order to maintain their health. As a fully trained certified yoga teacher, she tries to incorporate mindfulness practices in her treatment to not only address clients' physical, cognitively and emotionally. On her free time, Wendy enjoys road cycling, yoga, hiking with her toddler.

Session: *Fall prevention and home safety*

- Objectives:**
1. Recognize safety issues in supporting people with dementia
 2. Understand the importance of fall prevention
 3. Learn practical tips to maintain a safe home environment

Date: Day 2 - Sunday, December 12, 2021