



### **Winnie Lau, Registered Psychiatric Nurse**

Winnie Lau is a Registered Psychiatric Nurse and has been working with Vancouver Coastal Health's Older Adult Mental Health and Substance Use Service for 21 years. Winnie is currently working as a case manager at VCH Cambie Older Adult Mental Health Team, North East neighbourhood in Vancouver and is also an intake nurse at VCH Community Older Adult Mental Health Central Intake. She has a special interest in the multicultural aspects of mental health, and works primarily with the frail elderly of Chinese ethnicity and their families. Winnie and Dr. Masuhara had been developing a project to improve service and to promote earlier intervention for multicultural communities three years ago.

**Session:**        *Communication strategies for caregivers*

- Objectives:**
1. Learn how to effectively communicate with family physicians/specialists.
  2. Learn how to communicate with family members living with dementia.
  3. Learn how to navigate discussions about treatment with family members.

**Date:**            Day 1 – Saturday, December 11, 2021