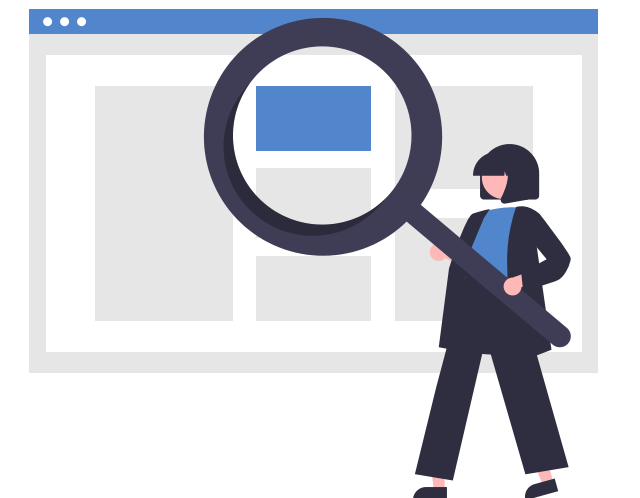


# DIGITAL HEALTH LITERACY QUALITY IMPROVEMENT STUDY

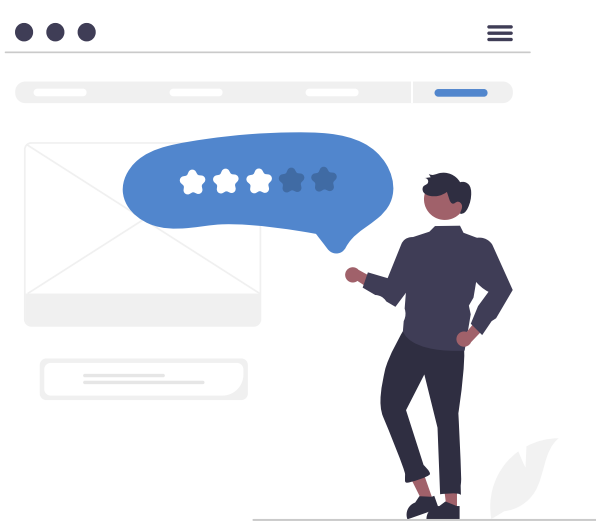
## WHAT IS THIS DIGITAL HEALTH LITERACY PROJECT?

This Digital Health Literacy Train the Trainer education program is an initiative led by the InterCultural Online Health Network (iCON), supported by the BC Ministry of Health. It is designed to help people access health information in the digital world.



## WHAT IS THIS STUDY?

For quality improvement purposes, we are hoping to learn about your learning experience and to evaluate the training program. Your responses will help to incorporate new content and related changes to the program for future use.



## WHAT HAPPENS IF I CHOOSE TO PARTICIPATE?

Participation in this study is completely voluntary and does not impact the training you will receive.

1

**At the beginning of your learning session(s)**

**You will receive a link to the first survey from the person (or people) leading your learning session(s).**

The first survey will take about 15 minutes to complete and will ask you about:

- your baseline knowledge of digital health literacy,
- your use of online platforms,
- your comfort navigating virtual visits with health care providers and,
- how you discern the quality of health information available online.

2

**After completing the learning session(s)**

**Once you have completed the learning session(s), you will receive a link to the second survey.**

The second survey will take about 5 minutes to complete and will ask you for feedback about the training you have received.

At the end of this survey, you will be able to request a **certificate of participation** to recognize that you took part in this training.

3

**3 months after completing the learning session(s)**

**Three months after you have completed the learning session(s), we will send you a link to the final survey via email.**

The final survey will take about 15 minutes to complete and will ask you about the knowledge and skills mentioned in the first survey.

We hope to learn if, and how, the learning sessions are improving participants' digital health literacy and use of virtual technology.

## WILL WHAT I SHARE BE PRIVATE AND CONFIDENTIAL?

**Yes, all information you share will be kept private, anonymous and confidential.**

The survey will be kept in REDCap, a **password protected research data management software**.

We will **protect your identity** and increase the protection of your personal information by asking you to **answer three security questions each time you complete a survey.**

Providing the **same answers each time** is very important and will enable the research team to connect your responses before and after the training and not collect any identifying information about you.



## WHAT ARE THE RISKS AND BENEFITS IF I PARTICIPATE?

### Risks

- There are no known risks associated with participating in this study.

### Benefits

- Your participation in this study will provide unique insights to improve health self-management in multicultural communities in BC.

## WHAT IF I CHOSE NOT TO PARTICIPATE/ TO WITHDRAW FROM THE STUDY?

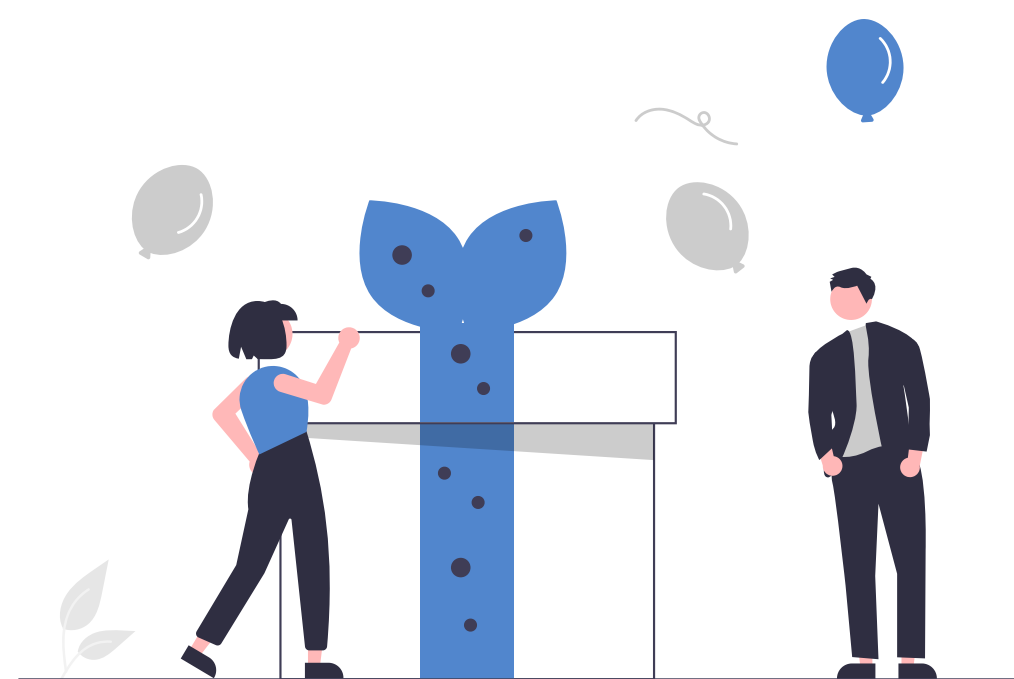
If you choose not to participate, researchers will not collect information from you.

If you withdraw, then we will delete all information you can provided. **There are no consequences to withdrawing.**

## REMUNERATION

To thank you for your time, participants will have the opportunity to enter your **name and contact info** into a draw for your chance to **win one of two prizes for each survey you complete.**

You will receive instructions to enter the draw at the end of each survey. You can enter 3 times for your chance to win!



If you have any questions about the study, or would like further information, please call our office at **604-822-8308** or email us at [jamie.vandenbroek@ubc.ca](mailto:jamie.vandenbroek@ubc.ca).