



Kent Ling, Registered Pharmacist

Kent Ling is a registered pharmacist who is currently working at Save On Foods Pharmacy in Coquitlam. He graduated from the University of British Columbia (UBC) in 2003. He was a lab instructor at the Faculty of Pharmaceutical Sciences in UBC for 11 years (2004-2015). Kent Ling is an active community pharmacist who frequently holds talks in the community to promote health awareness to the public, and is knowledgeable in medication management and actively promotes public education around medication safety. Kent was also a radio program host for the multicultural radio station CHMB AM1320 (Program name: Beautiful Melodies; 節目名稱: 歌聲悠揚). In his free time, Kent enjoys singing, listening to music and playing tennis. He believes on top of taking the necessary medications prescribed by doctors correctly, there are also other lifestyle habits that can maintain a healthy body.

Session: *Proper medication management*

- Objectives:**
1. Understand the importance of following medical treatments, proper use of oral medication and insulin injection
 2. Learn about Pharmacare coverage, in relation to diabetic supplies
 3. Understand how to prepare for and manage a sick day

Date: Day 2 – Sunday, November 20, 2022