



Laura Ng, Registered Nurse and Certified Diabetic Educator

Laura is a Registered Nurse and a Certified Diabetes Educator (CDE). She has been working with clients who have diabetes for more than 20 years in Vancouver Community and VGH diabetes centre. Her passion in diabetes care has motivated her to work as a volunteer in Diabetes Canada for more than 10 years in planning Chinese Diabetes services and developed Chinese resources. Currently, she is serving the Richmond community as a chronic disease management nurse in supporting clients in their chronic disease self-management.

Session: *Introduction to the Diabetes Education Program*

- Objectives:**
1. Understand who the health care team members are and how they can help
 2. Learn self-management skills (focusing on blood sugar monitoring, proper foot care, insulin injection) for living with diabetes
 3. Learn more about community resources

Date: Day 1 – Saturday, November 19, 2022