



Dr. Peter Ling, General Internist

Dr. Ling graduated from medical school and Internal Medicine residency at UBC. He is currently a general internist with outpatient practice in Richmond and Burnaby. He also is a consultant at Richmond Hospital. He has a strong interest in diabetes, dyslipidemia, cardiovascular disease, and fatty liver disease. He is a clinical instructor at the Department of Medicine. He gives CME talks to physicians and allied health on a regular basis, and also to the general public.

Session: **An overview of heart disease, its risk factors, and how to prevent complications**

In this session you will learn:

- what is heart disease, and how to recognize signs and symptoms
- how common chronic conditions affect heart health
- how to recognize risk factors and manage them to prevent complications

Date: Saturday, November 18, 2023