



### **Kent Ling, Pharmacist**

Kent graduated from the University of British Columbia (UBC) in 2003. He is a registered pharmacist who is currently working at Save On Foods Pharmacy in Coquitlam. He is an active community pharmacist who frequently holds talks in the community to promote health awareness to the public, and is knowledgeable in medication management and actively promotes public education around medication safety.

In his free time, Kent enjoys singing, listening to music and playing tennis. He believes on top of taking the necessary medications prescribed by doctors correctly, there are also other lifestyle habits that can maintain a healthy body.

**Session:**        *Medications and Seniors*

- Objectives:**
1. About the expanded role of pharmacists
  2. The importance of medication management
  3. Potential medication risks and side effects
  4. How to ensure medication is taken correctly