



### **Wendy Lam, Registered Occupational Therapist**

Wendy Lam is a Registered Occupational Therapist who has experience in stroke rehabilitation and neurological recovery. She graduated with a Masters Degree of Occupational Therapy (MOT) at University of British Columbia in 2007, and has an undergraduate degree in Biological Sciences (BSc).

She has been practicing in a hospital setting in stroke rehabilitation for 14 years and was a Rehab Educator at Providence Healthcare. She has taken a position as Regional Clinical Occupational Therapist Educator for

Assisted Living and Long-term care for Fraser Health. Recently she has also taken on the role of as a Clinical Practice Consultant Clinical Lead for Allied Health for the Digital and Provider experience team at Fraser Health. Wendy also practices private OT services working with clients in the community previously.

**Session:** *Fall Prevention in Seniors*

- Objectives:**
1. The medical, physical and psychological risk factors of falls
  2. How to identify common fall hazards
  3. Home modifications to improve safety
  4. How to respond effectively in the event of a fall