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(More details to follow)

Session: What is stroke and its management?

Objectives:

1. What are the signs and symptoms of strokes and what should I do?
2. What are the different types of strokes and why managing chronic diseases is important in preventing stroke?
3. How can managing my chronic disease lower stroke risk? How are high blood pressure, diabetes and cholesterol linked to stroke?
4. What to expect from a stroke related hospitalization?
5. What to expect during stroke recovery?
6. Real-life case scenarios