心肝寶貝：當肝病遇上心理障礙

Living with Liver Disease: Mental and Emotional Health

常見資源 General Resources

篩檢的後續照護

Pathway to Care after Screening

1. 詢問與篩檢
   - 情緒、焦慮、睡眠與日常功能
2. 評估與釐清
   - 臨床晤談、身體因素與安全
3. 共同決定支持方式
   - 患者偏好與實際可取得的轉介資源
4. 落實後續追蹤
   - 指定負責人、追蹤日期與成效確認

1. Ask and screen
   - Mood, anxiety, sleep and everyday function
2. Assess and clarify
   - Clinical interview, physical causes and safety
3. Agree on support
   - Patient preferences and an accessible referral
4. Follow through
   - Named clinician, review date and response check

歡迎掃描二維碼訂閱「安康」通訊，定時接收最新活動消息和健康生活資訊。

Please scan the QR code to join iCON mailing list and receive upcoming event news and healthy living tips.

iCON interCultural Online Health Network

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Digital Emergency Medicine
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Supported by the Province of British Columbia

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Created by UBC Digital Emergency Medicine.

Thank you to the B.C. Ministry of Health Patients as Partners Initiative for their support.

守護肝臟，從了解肝病開始!

Liver Wellness: What You Need to Know

iCON website 安康網站	iconproject.org
iCON email 安康電郵	icon.support@ubc.ca
iCON Facebook 安康臉書	iconproject
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